

# For The First Time In Forever

Frozen

Arranged by: Nathan Dunlap

Composed by: Robert Lopez and Kristen Anderson-Lopez

♩. = 150

Anna 1

Elsa 2

Piano

*mf*

5

The win - dow is op - en, so

Pno.

*mp*

9

— that door! I did - n't know they did that an - y - more. Who

Detailed description: This block contains the vocal line for measures 9, 10, and 11. The melody starts with a quarter rest, followed by eighth notes for 'that door!', a quarter note for 'I', eighth notes for 'did - n't know they did', a quarter note for 'that an - y - more.', and a quarter note for 'Who'. The piano accompaniment consists of whole rests in both staves.

Pno.

Detailed description: This block contains the piano accompaniment for measures 9, 10, and 11. The right hand plays chords in the first two measures and a melodic line in the third. The left hand plays a steady eighth-note bass line.

12

knew we owned eight thou - sand sal - ad plates? \_\_\_\_\_ For

Detailed description: This block contains the vocal line for measures 12, 13, and 14. The melody starts with eighth notes for 'knew we owned eight thou - sand sal - ad plates?', followed by a quarter note for 'For'. The piano accompaniment consists of whole rests in both staves.

Pno.

*mf*

Detailed description: This block contains the piano accompaniment for measures 12, 13, and 14. The right hand plays chords in the first two measures and a melodic line in the third. The left hand plays a steady eighth-note bass line. A dynamic marking of *mf* is present in measure 13.

16

years I roamed these emp - ty halls! Why have a ball - room with

This block contains the vocal line for measures 16 through 18. The melody is written in a treble clef with a key signature of one flat. The lyrics are: "years I roamed these emp - ty halls! Why have a ball - room with".

Pno.

16

*mp*

This block contains the piano accompaniment for measures 16 through 18. It features a right-hand part with chords and a left-hand part with a rhythmic pattern of eighth notes. The dynamic marking is *mp*.

19

no balls? Fi - nal - ly they're op - ening up the

This block contains the vocal line for measures 19 through 21. The melody continues in the same treble clef and key signature. The lyrics are: "no balls? Fi - nal - ly they're op - ening up the".

Pno.

19

This block contains the piano accompaniment for measures 19 through 21. It continues the piano accompaniment from the previous block, with a right-hand part featuring chords and a left-hand part with a rhythmic pattern.

22

gates! There'll be actual real live peo -

Pno. *mf* *p*

25

- ple. It - 'll be tot - al - ly strange! But, wow am I so re -

Pno. *mf*

29

- dy for this change! \_\_\_\_\_ 'Cause for the first time in for - ev -

Detailed description: This block contains the vocal line for measures 29 through 33. The melody starts with a quarter note 'dy', followed by eighth notes for 'for this change!'. A long horizontal line indicates a breath mark. The melody continues with 'Cause for the first time in for - ev -' using a mix of quarter and eighth notes. The accompaniment consists of five whole rests on a grand staff.

Pno.

29

*f*

Detailed description: This block contains the piano accompaniment for measures 29 through 33. The right hand features a series of chords in the first few measures, followed by a melodic line with eighth notes. A dynamic marking of *f* (forte) is placed above the staff. The left hand plays a simple bass line with quarter notes. The piece concludes with a sustained chord in the right hand and a whole note in the left hand.

34

- er \_\_\_\_\_ there'll be mu - sic, there'll \_\_\_\_\_ be light. \_\_\_\_\_ For the

Detailed description: This block contains the vocal line for measures 34 through 38. The melody begins with a quarter note 'er', followed by eighth notes for 'there'll be mu - sic, there'll'. A long horizontal line indicates a breath mark. The melody continues with 'be light. For the' using a mix of quarter and eighth notes. The accompaniment consists of five whole rests on a grand staff.

Pno.

34

Detailed description: This block contains the piano accompaniment for measures 34 through 38. The right hand plays a series of chords, while the left hand plays a bass line with quarter notes. The piece ends with a sustained chord in the right hand and a whole note in the left hand.

40

first time in for - ev - er \_\_\_\_\_ I'll be dan - cing through the night.

Pno.

*mf* *f*

46

\_\_\_\_\_ Don't know if I'm e-lat-ed or gas-sy, but I'm some-where in that

Pno.

*p*

Detailed description: The image shows a page of sheet music for the song 'For The First Time In Forever'. It is divided into two systems. The first system starts at measure 40 and features a vocal line with lyrics: 'first time in for - ev - er \_\_\_\_\_ I'll be dan - cing through the night.' The piano accompaniment (Pno.) begins with a mezzo-forte (*mf*) dynamic, marked with a slur over two chords, and then crescendos to a forte (*f*) dynamic. The second system starts at measure 46 with lyrics: '\_\_\_\_\_ Don't know if I'm e-lat-ed or gas-sy, but I'm some-where in that'. The piano accompaniment for this system is marked piano (*p*) and features a more complex rhythmic pattern with slurs and accents.

51

zone. 'Cause for the first time in for - ev - er \_\_\_\_\_

Detailed description: This block contains the vocal line for measures 51 through 56. The melody starts with a whole note 'zone.' followed by a quarter rest, then eighth notes for 'Cause for the first time in for - ev - er'. The line ends with a long horizontal line indicating a sustained note.

Pno.

51

*mf*

Detailed description: This block contains the piano accompaniment for measures 51 through 56. The right hand features chords and a melodic line that begins in measure 55. The left hand has a simple bass line with whole notes.

57

I won't be a - lone. I can't wait to meet everyone! \*Gasps\*

Detailed description: This block contains the vocal line for measures 57 through 62. The melody includes the lyrics 'I won't be a - lone.', 'I can't wait to meet everyone!', and '\*Gasps\*'. There are several rests in the vocal line.

Pno.

57

*f* *p*

8va

Detailed description: This block contains the piano accompaniment for measures 57 through 62. The right hand has chords and a melodic line with a dynamic change from *f* to *p*. The left hand has a bass line with eighth notes and a '8va' marking above the first measure.

62

What if I meet THE one? To - night im - ag - ine me gown

Detailed description: This block contains the vocal line for measures 62 through 65. The music is in a key with one flat (B-flat major or D minor) and a 4/4 time signature. The melody starts with a whole rest in measure 62, followed by a quarter rest in measure 63. In measure 64, it begins with a quarter note G4, followed by eighth notes A4, Bb4, and C5 in measure 65. The lyrics are: "What if I meet THE one? To - night im - ag - ine me gown".

Pno.

mf

Detailed description: This block contains the piano accompaniment for measures 62 through 65. The right hand plays chords in measures 62 and 63, then a sequence of eighth notes in measures 64 and 65. The left hand plays a steady eighth-note accompaniment. A dynamic marking of *mf* (mezzo-forte) is placed above the right hand in measure 64. The lyrics "What if I meet THE one? To - night im - ag - ine me gown" are aligned with the vocal line above.

66

and all, fetch - ing - ly draped a - gainst the wall. The

Detailed description: This block contains the vocal line for measures 66 through 69. The key signature changes to three sharps (F# major or C# minor) starting in measure 66. The melody begins with a quarter note G5, followed by eighth notes A5, B5, and C6 in measure 67. The lyrics are: "and all, fetch - ing - ly draped a - gainst the wall. The".

Pno.

Detailed description: This block contains the piano accompaniment for measures 66 through 69. The right hand plays chords in measures 66 and 67, then a sequence of eighth notes in measures 68 and 69. The left hand plays a steady eighth-note accompaniment. The lyrics "and all, fetch - ing - ly draped a - gainst the wall. The" are aligned with the vocal line above.



69

pic - ture of so - phist - i - ca - ted grace! \_\_\_\_\_ I

Detailed description: This block contains the vocal line for measures 69 through 72. The music is in a key with four sharps (F#, C#, G#, D#) and a 4/4 time signature. The melody starts with a quarter note G5, followed by quarter notes A5, B5, and C6. A half note D6 is tied across measures 69 and 70. In measure 71, there is a quarter rest followed by a quarter note E6. In measure 72, there is a quarter rest followed by a quarter note D6. The lyrics are "pic - ture of so - phist - i - ca - ted grace! \_\_\_\_\_ I".

Pno.

Detailed description: This block contains the piano accompaniment for measures 69 through 72. The right hand plays chords in the upper register, starting with a triad of G5, A5, and B5. The left hand plays a steady eighth-note bass line. A piano dynamic marking (*p*) is present in measure 71. The piece concludes with a double bar line in measure 72.

73

sud - den - ly see him stand - ing there. A beau - ti - ful stran - ger, tall

Detailed description: This block contains the vocal line for measures 73 through 75. The melody continues with quarter notes D6, E6, F#6, and G6. A half note A6 is tied across measures 73 and 74. In measure 75, there is a quarter note B6. The lyrics are "sud - den - ly see him stand - ing there. A beau - ti - ful stran - ger, tall".

Pno.

Detailed description: This block contains the piano accompaniment for measures 73 through 75. The right hand plays chords, including a triad of G5, A5, and B5. The left hand continues with the eighth-note bass line. The piece concludes with a double bar line in measure 75.

76

— and fair. I wan - na stuff some choc - olate in my face!

Detailed description: This block shows the vocal line for measures 76 through 79. The music is in a key with four sharps (F#, C#, G#, D#) and a 3/4 time signature. The melody starts with a quarter note, followed by eighth notes, and ends with a half note. The lyrics are: "— and fair. I wan - na stuff some choc - olate in my face!". There are four measures in total, with the first measure containing the lyrics and the others being empty.

Pno.

76

*mf*

Detailed description: This block shows the piano accompaniment for measures 76 through 79. The piano part consists of a right-hand melody and a left-hand accompaniment. The right hand starts with a whole note chord, followed by eighth notes. The left hand has a steady eighth-note accompaniment. The dynamic marking *mf* is present in the fourth measure. There are four measures in total.

80

— But then we laugh and talk all eve - ning, which is to - tal - ly biz - zare.

Detailed description: This block shows the vocal line for measures 80 through 83. The music is in the same key and time signature as the previous section. The melody starts with a quarter note, followed by eighth notes, and ends with a quarter note. The lyrics are: "— But then we laugh and talk all eve - ning, which is to - tal - ly biz - zare.". There are four measures in total, with the first measure containing the lyrics and the others being empty.

Pno.

80

*mp*

Detailed description: This block shows the piano accompaniment for measures 80 through 83. The piano part consists of a right-hand melody and a left-hand accompaniment. The right hand starts with a whole note chord, followed by eighth notes. The left hand has a steady eighth-note accompaniment. The dynamic marking *mp* is present in the second measure. There are four measures in total.

84

No - thing like the life I've led so far!

Detailed description: This block contains the vocal line for measures 84 through 87. The music is in a key with four sharps (F#, C#, G#, D#) and a 3/4 time signature. The melody starts with a quarter note G4, followed by quarter notes A4, B4, C5, and D5. There is a fermata over the final D5. The lyrics are: "No - thing like the life I've led so far!".

Pno.

84

*mf*

Detailed description: This block contains the piano accompaniment for measures 84 through 87. The right hand features a series of chords and eighth-note patterns. The left hand has a bass line with a long note in the first measure and a half-note pattern in the second. The dynamic marking *mf* is present.

88

'Cause for the first time in for - ev - er there'll be

Detailed description: This block contains the vocal line for measures 88 through 91. The melody continues with quarter notes D5, E5, F#5, G5, and A5. There is a fermata over the final A5. The lyrics are: "'Cause for the first time in for - ev - er there'll be".

Pno.

88

*f*

Detailed description: This block contains the piano accompaniment for measures 88 through 91. The right hand has a melodic line with a fermata over the final measure. The left hand has a bass line with a long note in the first measure and a half-note pattern in the second. The dynamic marking *f* is present.

93

mag - ic, there'll be fun. For the first time in for - ev -

Pno.

93

*mf*

99

- er I could be not - iced by some - one!

Pno.

99

*f*

104

And I know it is tot - al - ly cra - zy to dream I'd find ro -

Detailed description: This block contains the vocal line for measures 104 through 107. The music is in a key with four sharps (F#, C#, G#, D#) and a 4/4 time signature. The melody starts with a whole note rest, followed by quarter notes: G4, A4, B4, C5, B4, A4, G4, F#4, E4, D4, C4. The lyrics are: "And I know it is tot - al - ly cra - zy to dream I'd find ro -".

Pno.

*p*

Detailed description: This block contains the piano accompaniment for measures 104 through 107. The right hand plays a rhythmic pattern of eighth notes: G4, A4, B4, C5, B4, A4, G4, F#4, E4, D4, C4. The left hand plays a bass line with quarter notes: G2, A2, B2, C3, B2, A2, G2, F#2, E2, D2, C2. A piano dynamic marking *p* is present. A hairpin crescendo is shown over the first two measures, and a hairpin decrescendo is shown over the last two measures.

108

mance, but for the first time in for - ev - er

Detailed description: This block contains the vocal line for measures 108 through 111. The melody starts with a whole note rest, followed by quarter notes: G4, A4, B4, C5, B4, A4, G4, F#4, E4, D4, C4. The lyrics are: "mance, but for the first time in for - ev - er".

Pno.

*mf*

Detailed description: This block contains the piano accompaniment for measures 108 through 111. The right hand plays a series of chords: G4-A4-B4-C5, G4-A4-B4-C5, G4-A4-B4-C5, G4-A4-B4-C5, G4-A4-B4-C5, G4-A4-B4-C5, G4-A4-B4-C5, G4-A4-B4-C5. The left hand plays a bass line with whole notes: G2, A2, B2, C3, B2, A2, G2, F#2, E2, D2, C2. A mezzo-forte dynamic marking *mf* is present. A hairpin crescendo is shown over the last two measures.

113

at least I've got a chance. —

Pno.

113

8<sup>va</sup>

*f*

*mf*

117

117

*rit.*

$\text{♩} = 120$

*pp*

Pno.

121

Don't let them in. Don't let them

Pno.

125

see. Be the good girl you al-ways have to be.

Pno.

129

Con - ceal. Don't

Pno.

133

feel. Put on a show! \_\_\_\_\_ Make one wrong move and

*mp*

Pno.



137

ev - ery - one will know. But it's on - ly for to -

Detailed description: This block contains the vocal line for measures 137 through 140. The melody is in a B-flat major key signature. It begins with a whole rest in measure 137, followed by quarter notes in measure 138, a half note in measure 139, and a quarter note in measure 140. A slur covers the notes in measures 139 and 140. The lyrics are: "ev - ery - one will know. But it's on - ly for to -".

Pno.

Detailed description: This block contains the piano accompaniment for measures 137 through 140. The right hand plays a steady eighth-note accompaniment. The left hand features a bass line with a whole note chord in measure 137, followed by a half note chord in measure 138, and a quarter note chord in measure 139. A slur covers the notes in measures 139 and 140.

141

It's on - ly for to - day! It's ag - on - y to wait!

day. It's ag - on - y to wait!

Detailed description: This block contains the vocal line for measures 141 through 144. The melody is in a B-flat major key signature. It begins with a quarter rest in measure 141, followed by quarter notes in measure 142, a half note in measure 143, and a quarter note in measure 144. A slur covers the notes in measures 143 and 144. The lyrics are: "It's on - ly for to - day! It's ag - on - y to wait!".

Pno.

*mf*

Detailed description: This block contains the piano accompaniment for measures 141 through 144. The right hand plays a steady eighth-note accompaniment. The left hand features a bass line with a whole note chord in measure 141, followed by a half note chord in measure 142, and a quarter note chord in measure 143. A slur covers the notes in measures 143 and 144. The dynamic marking *mf* is present.

145

The

Tell the guards to op - en up... the gates! \_\_\_\_\_

145

Pno. *f*

150

gates! For the first time in for - ev -

150

Pno. *ff*

Detailed description: This page of sheet music contains two systems. The first system (measures 145-149) shows a vocal line with lyrics 'The' and 'Tell the guards to op - en up... the gates!' and a piano accompaniment starting with a forte (*f*) dynamic. The second system (measures 150-154) continues the vocal line with lyrics 'gates! For the first time in for - ev -' and the piano accompaniment, which includes a fortissimo (*ff*) dynamic marking. The piano part features complex chordal textures and melodic lines in both hands.

154

er \_\_\_\_\_ I'm get - ting what I'm dream - ing of! \_\_\_\_\_

Don't let them in, don't let them see.

Pno.

154

*f*

158

\_\_\_\_\_ A chance to change \_\_\_\_\_ my lone -

Be the good girl you al - ways have to be. \_\_\_\_\_

Pno.

158

162

- ly world. \_\_\_\_\_ A chance to find \_\_\_\_\_ true love!

Con - ceal.

Pno.

162

*ff*

166

\_\_\_\_\_ And I know it all ends to - morr-ow, so it

Con - ceal, don't feel, don't let them know!

Pno.

166

*mf*

The image shows a page of sheet music for the song 'For The First Time In Forever'. It features a vocal line and a piano accompaniment. The vocal line starts at measure 162 with the lyrics '- ly world. \_\_\_\_\_ A chance to find \_\_\_\_\_ true love!'. The piano accompaniment consists of a right-hand melody and a left-hand bass line. The key signature has two sharps (F# and C#). The piano part includes dynamic markings *ff* and *mf*. The score continues to measure 166 with the lyrics '\_\_\_\_\_ And I know it all ends to - morr-ow, so it' and 'Con - ceal, don't feel, don't let them know!'. The piano accompaniment continues with a similar rhythmic pattern.

170

has to be to - day! But for the first time in for - ev - er...

Detailed description: This block contains the vocal line for measures 170 through 175. The melody starts on a half note G4, followed by quarter notes A4, B4, and C5. There is a quarter rest, then quarter notes D5, E5, and F5. The line continues with quarter notes G5, A5, and B5, ending with a half note C6. The lyrics are: "has to be to - day! But for the first time in for - ev - er...".

Pno.

Detailed description: This block contains the piano accompaniment for measures 170 through 175. The right hand plays chords in the treble clef, and the left hand plays chords in the bass clef. A dynamic marking of *f* (forte) is present in measure 172. The piece is in the key of D major.

176

For the first time in for - ev - er

Detailed description: This block contains the vocal line for measures 176 through 181. The melody starts with a half note G4, followed by quarter notes A4, B4, and C5. There is a quarter rest, then quarter notes D5, E5, and F5. The line continues with quarter notes G5, A5, and B5, ending with a half note C6. The lyrics are: "For the first time in for - ev - er".

Pno.

Detailed description: This block contains the piano accompaniment for measures 176 through 181. The right hand plays chords in the treble clef, and the left hand plays chords in the bass clef. The piece is in the key of D major.

181

no-thing's in my way!

Detailed description: This block shows the vocal line for measures 181 through 185. The music is in a key with two sharps (F# and C#) and a 4/4 time signature. The melody starts with a half note G4, followed by a quarter note F#4, a dotted quarter note E4, and a quarter note D4. A slur covers the next two measures: a half note C4 and a half note B3. The line ends with a quarter rest in measure 185. The lyrics "no-thing's in my way!" are written below the notes.

Pno.

181

*ff* *f*

Detailed description: This block shows the piano accompaniment for measures 181 through 185. It consists of two staves: a treble clef staff and a bass clef staff. The key signature has two sharps. The piece begins with a fortissimo (*ff*) dynamic. The right hand plays chords, while the left hand plays a rhythmic pattern of eighth notes. A crescendo hairpin leads to a forte (*f*) dynamic in measure 184. The piece concludes with a decrescendo hairpin in measure 185.

Pno.

186

Detailed description: This block shows the piano accompaniment for measures 186 through 189. It consists of two staves: a treble clef staff and a bass clef staff. The key signature has two sharps. The piece begins with a piano (*p*) dynamic. The right hand plays chords, while the left hand plays a rhythmic pattern of eighth notes. The piece concludes with a decrescendo hairpin in measure 189.